

**Celebrating Advent at
Salisbury District Hospital
December 2022**



**Thank you for choosing to get involved in
bringing colour, sparkle and joy to the hospital**

Welcome to your bag of goodies to make window or hanging decorations for your department or ward.

Make a batch of tissue paper stained glass window decorations and (if you want to) add the numbers on, like an advent calendar.

If you prefer templates to work from please email ArtCare so we can send you some by return.

Email: sft.artcare@nhs.net

Print the templates or create your own designs – Pinterest has loads of inspiration

Materials included in this bag:

- Black paper
- Marker Pen
- Tissue paper
- Glue sticks

You will need scissors. Email ArtCare if you want templates to work from - sft.artcare@nhs.net

Check out the ArtCare website for a mini video, inspiration and templates





Instructions

Choosing your shapes

- you can **practice** your own design and make a sketch on a piece of scrap paper
- You can **trace** from our templates
- Making a **template** from a piece of card is a good way to repeat a shape

Protect your work surface with an old sheet, newspaper or a tablecloth

- **Draw** the designs on your **black paper**
- **Cut** out the holes carefully
- Make colour tissue paper pieces **larger** than the holes
- **Add Glue** carefully around the **edge** of the holes
- **Stick** down the tissue paper
- **Repeat** until all the holes are filled in with your colours

Choose a window where others can enjoy how your design looks at night when the lights inside the room make the design glow with colour in the darkness. Or, choose to hang your finished design under a light – NOTE: **do not cover** the light, the heat will cause a fire risk.

Final touches

- **Use the marker pen** to add simple lines and details if you wish
- You can **layer** the tissue paper colours to make colours deeper or create new colours

Add your finished design to the window, photograph it and email us at: sft.artcare@nhs.net

On Twitter share and tag [@ArtCareUK](https://twitter.com/ArtCareUK) [@SalisburyNHS](https://twitter.com/SalisburyNHS) [#AdventWindow](https://twitter.com/AdventWindow)

You are invited to share your design with us for other people to use as a template

next year! Send us a line drawing.