



## Celebrating Diwali at Salisbury District Hospital November 4<sup>th</sup> to 7<sup>th</sup> 2021

ArtCare are joining Salisbury BID and Wiltshire Creative, working together with the Salisbury Nepalese Society to co-ordinate this unique art gallery both at Salisbury District Hospital and in Salisbury City Centre which will bring a little magic and light as the nights get darker.

Salisbury's event will run from 4th to 7th November 2021 and will celebrate the diversity in our City by drawing on the themes of Diwali, Festival of Lights, of triumph over darkness, happiness and positivity.

### Supported by:

For Salisbury City Centre:



At Salisbury District Hospital:



**Thank you for choosing to get involved in  
bringing colour, light and joy to the hospital**

Turn the page for the instructions >>



*Building a design on tracing paper*

## Themes and Inspiration

**Salisbury Window Wanderland** takes its inspiration from Diwali to bring light into the darkness during the winter months – symbolising happiness and positivity. The idea behind Window Wanderland is to create a colourful window that uses translucent materials with dark silhouettes to create magical images and grab the attention of people walking past.



These themes have been developed in conversation with the Nepalese community in Salisbury. They are based around the symbols which represent the underlying themes of Diwali: light into darkness, positivity and happiness.

## Diwali Symbols

**Namaste** means literally: 'bowing to you'.

In Hinduism, it also has a spiritual import reflecting the belief that 'the divine and self (soul) is same in you and me' and connotes 'I bow to the divine in you'. Namaste creates vibrations to the one receiving the gesture. Namaste creates a loop of bliss to pass positive energy on to the one receiving the gesture. Heart centres and chakras are said to connect during the divine saying.

The symbol for Namaste is the same as for Om



**Om** symbolically embodies the divine energy, or Shakti, and its three main characteristics:

- \* creation
- \* preservation
- \* liberation

Om is the basic sound of the universe; chanting it symbolically and physically tunes us into that sound and acknowledges our **connection** to everything in the world and the universe.

The word Om is defined by Hindu scripture as being the primordial **sound of creation**. It is the original vibration of the universe. From this first vibration all other vibrations are able to manifest.

These symbols are used in the creation of rangoli during Diwali, made with colourful pigment by hand and decorated with tealights to create pinpricks of light.



Drawing on these inspirations the Salisbury Window Wanderland overall themes are:

**Colour palette:** Orange, red, purple, pink, yellow colours

**Simple pattern** and shapes that use the shapes and patterns of rangoli as inspiration

**Pin pricks of light** coming through reflecting the lit candles of the rangoli

**Understanding** the symbols so they are used correctly

## Materials:

- Tracing paper
- Black paper
- You will need scissors*
- Marker Pens
- Tissue paper
- Glue sticks

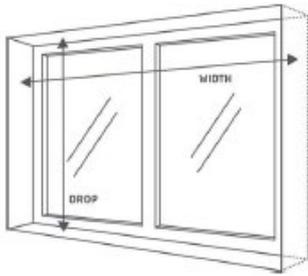
There are **two methods** to choose \from for making your window

### Method B

or

**Build up** a design on a sheet of tracing paper

# Instructions



**Choose a window** and measure it.

**If your window is smaller than your paper, cut** your black paper or tracing paper **to the same size** as the window.

Choose a window that others can enjoy how your design looks at night when the lights inside the room make the design glow with colour in the darkness.

## Choosing your shapes

- you can **practice** your own design and make a sketch on a piece of scrap paper
- You can **copy** one of the photos
- You can **trace** from our examples
- You could cut shapes of tracing paper and lay them out first to **experiment** before sticking them down
- Making a **template** from a piece of card is a good way to repeat a shape

**Protect** your work surface with an old sheet, newspaper or a tablecloth

### *Method A*

- **Draw** the designs on your **black paper**
- **Cut** out the holes carefully
- Make colour tissue paper pieces **larger** than the holes
- **Add Glue** carefully around the **edge** of the holes
- **Stick** down the tissue paper
- **Repeat** until all the holes are filled in with your colours

*or*

### *Method B*

- **Draw** your design onto a sheet of **tracing paper**
- **Cut colour tissue paper shapes** to match your design
- **Add glue** to the tracing paper
- **Stick** the colour tissue paper shapes
- **Repeat** to cover the whole sheet
- **Add black sugar paper** to create a frame, outlines or details

## Final touches

- **Use the marker pens** to add simple lines and details if you wish
- You can **layer** the tissue paper colours to make the colour stronger or create new colours

Add your finished design to the window, photograph it and email us at ArtCare  
sft.artcare@nhs.net

On Twitter share and tag @ArtCareUK @SalisburyNHS @WiltsCreative  
#WindowWanderland