

onsite and local activities and events

connect, celebrate, collaborate

Culture club news - a round up of the activities, events and groups to connect into both onsite at Salisbury District Hospital (SDH) and in the local community.

ArtCare

Culture club news

Life is more than work...
boost your downtime
with new things
to try



Stars Appeal Live
musicians playing
at SDH this month:

November

- | | | |
|------|-------|--------------------|
| 1st | Sarah | - piano |
| 3rd | Jane | - harp |
| 8th | Emily | - cello |
| 10th | Dan | - violin & guitar |
| 15th | Rosie | - clarinet |
| 17th | Pearl | - piano & eukelele |
| 22nd | Emmy | - harp |
| 24th | Sarah | - piano |
| 29th | Emily | - cello |

Enjoy more music on ArtCare's
YouTube channel @ArtCare UK



Are you a confident pianist?

Email ArtCare to join the playlist for the Spring's Performance Piano and bring comfort and harmony to the restaurant atmosphere.



Contact ArtCare
sft.artcare@nhs.net

...join the mailing list

...join the arts club

...suggest new items for this newsletter

ArtCare



Exhibitions at SDH

Levels 3 & 4 SDH North, Until November 18th
Artlook

A diverse range of uplifting paintings from this local group of artists.



NEW Culture Club - a space to unwind

Launching this month, look out for ArtCare's new onsite Culture Club in Block 15, opposite The Green. A space to chat, unwind, explore the history collection and get creative! Regular drop in sessions are being arranged for staff and the wider community to enjoy tea and biscuits whilst discovering our historical archive or having a go at a variety of art activities.

Staff creative lunches @ Culture Club, Block 15
Third Thursday of the month, starting 17th November, 12.00-2.00pm

Drop-in, using creative materials or bring your own project, coffee and chat

Staff history lunches @ Culture Club, Block 15
First Thursday of the month, starting 1st December, 12.00-2.00pm

Drop-in coffee and history chat, feature object, mini-talks, suggestions for future themes

More details to appear in the daily bulletin or email sft.artcare@nhs.net





Bonfire night and fireworks

Celebrate bonfire night and enjoy a firework display safely by attending an organised display.

Many firework displays are designed with families in mind, some with 'no big bangs'. There are lots of local annual displays that Wiltshire families return to year after year. Displays are taking place in bigger towns including Salisbury, Chippenham, Cricklade, Malmesbury, Bradford on Avon and Calne.

Find details of bonfire night activities at:
visitwiltshire.co.uk/whats-on/events/firework-displays

Follow the firework code if organising fireworks yourself and remember to keep pets indoors at this time of year.

Christmas lights switch on

November sees the switching on of Christmas lights and the start of the festive season. Friday 18th is the big day in Salisbury with the opening of the Christmas Market and Christmas trail, as well as the turning on of the lights. Starts from 4.00pm until 8.00pm in the Market Place and includes reindeer, The Grinch, carol singers and fair rides.



Also on Friday 18th...

- Trowbridge Lantern Parade and Christmas Lights
- Marlborough Christmas Market and Lights

Friday 25th

- Devizes Lantern Parade and Winter Festival

14th - 20th

- Magic & Mayhem Festival, Corsham - Pound Arts hosts a line up of visual art, talks, theatre and music - the 'ultimate escape from reality' poundarts.org.uk/festival/magic-and-mayhem-festival-2021/

Wiltshire Walking Guides

Over 200 amazing walks around Wiltshire, of varying lengths including woodland, riverside, hill walking, open countryside and city park walks. Details of walks available on the website or download the Wiltshire Walks app from the iTunes or Google Play app store. The app shows your position as you walk and guides you around each route.

localwalks.co.uk/wiltshire-walks





Photo Hannah Lefeuve



Staff Arts Club

ArtCare runs regular creative workshops at the hospital that are open to all Trust staff and volunteers. Full details and booking via Eventbrite - scan the QR code.

Willow decoration

with Jacqueline Rolls

Weds 9th Nov - 5.30-7.30pm

Cost: £6



Create your own willow Christmas tree decorations, decorate them with stars and ribbons and then add a wooden base or container.

Pyrography

with Bee Matthews

Thurs 24th Nov - 5.30-7.30pm

Cost: £12



Practice the technique of burning consistently even lines on wood and different shading techniques to make a wall hanging or decorative sign in this introductory session.

Printmaking with ArtCare

Takeaway pack with online video,

Cost: £5



Try your hand at lino printing. The pack contains lino, cutters, roller, paint and paper to get you started. Link to a pre-recorded instruction video. Call ArtCare on ext. 5617 to order pack.

Join our **staff arts club mailing list** to receive priority booking for all workshops
Email to hazel.stock@nhs.net

Get snapping!

Crisp, frosty mornings at this time of year are a complete contrast summer's hazy days, but this contrast lets us see our surroundings anew. Find the unexpected colours of branches, stems and berries and take the time to notice the structure of plants and leaves. Why not take your camera or phone with you on a early morning stroll to and capture some of these details?



Natural decorations

Willow is great for making natural decorations. Different colour stems can be made into rings and linked together to make a chain or have a go at making some stars. Step-by-step instructions for these simple decorations, provided by Stars Appeal Live artist Hannah Lefeuve, can be found on our website.

artcaresalisbury.uk/willow-star/



Tell us about favourite places and activities that you would recommend to others: **email us at sft.artcare@nhs.net**

Not to be missed...dates for your diary

5th Nov. Rotary Fireworks, 5.30pm, Salisbury Racecourse

This well established firework display returns with even MORE fireworks than last year. With rides, hotdogs and candy floss too!

6th Nov. Salisbury Arts Scene, 10.00-4.00pm, Salisbury Market Place

Meet talented artists from Salisbury and the surrounding area showcasing their fabulous work. Perfect for finding unique gifts. Musicians providing live entertainment too.

7th Nov. Secret Spitfires, 7.00pm, Brown Street, Salisbury - through the wonky door

The Secret Spitfires tells the incredible true story of how the planes that halted Hitler were built by everyday Heroes - in the workshops, garages and garden sheds of Salisbury and across Wiltshire. Introduced by its star, wartime Spitfire engineer Norman Parker.

11th Nov. Winchester Gate, 8.30pm, 113 Rampart Rd, Salisbury

LIVE at Winchester Gate music and arts pub - the Scribes, a multi-award winning hip hop act with a unique blend of beatboxing, off the cuff freestyling, crowd participation and genre-spanning music. Free entry.

8th-12th Nov. Sarum Lights: Renaissance, evenings, Salisbury Cathedral

The Cathedral will be transformed by some of the greatest paintings and artworks of the Renaissance period with breath-taking light projections and atmospheric soundscapes.

12th Nov. Woodfalls Band & Military Wives Choir of Salisbury Plain, 7.30pm, St Thomas' Church, Salisbury

The Woodfalls Band team up with the Military Wives Choir of Salisbury Plain to bring you a night of remembrance. The concert will feature items from both ensembles as well as a joint item in a celebration of remembrance.

18th Nov to 2nd Jan. Salisbury Christmas Trail

Follow the trail around the streets of Salisbury, stopping to enjoy the Christmas themed areas. The installations are designed for you to take selfies to capture the moment. Trail maps will be available online at experiencesalisbury.co.uk or from the Cathedral or Information Centre from the 18th. Free.

25th - 27th Nov. From Darkness to Light: The Advent Procession, Salisbury Cathedral

See the Cathedral transformed by over 1,300 candles as we journey through darkness into light in movement and colour, shimmering robes, haunting music and Advent scripture. Evening service, seats first-come first-served basis. Free.



ArtCare survey

What you have noticed about the art and design at the hospital? Take ArtCare's survey - 13 quick questions taking around 7 mins to complete. Tell us about your experience of the spaces, projects and activities at SDH and your thoughts and ideas for developing.

surveymonkey.co.uk/r/6DYJTH6