

# onsite and local activities and events

connect, celebrate, collaborate

*Culture club news - a round up of the activities, events and groups to connect into both onsite at Salisbury District Hospital (SDH) and in the local community.*

## Culture club news

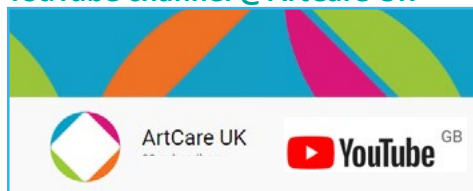
Life is more than work...  
boost your downtime  
with new things  
to try



**Stars Appeal Live**  
musicians playing  
at SDH this month:  
**May**

- 2nd Emily - cello
- 4th Emmy - harp
- 9th Rosie - clainet
- 11th Lilli - singing
- 16th Sarah - piano
- 18th Dan - violin & guitar
- 23rd Rosie - clainet
- 25th Pearl - ukulele
- 27th Sarah - piano

Enjoy more music on ArtCare's  
YouTube channel @ArtCare UK



### Are you a confident pianist?

Email ArtCare to join the  
playlist for the Spring's  
Performance  
Piano and bring  
comfort and  
harmony to  
the restaurant  
atmosphere.



Contact ArtCare  
[sft.artcare@nhs.net](mailto:sft.artcare@nhs.net)  
...join the mailing list  
...join the arts club  
...suggest new items for this  
newsletter



### Exhibitions at SDH

Levels 3 & 4 main corridors & Fracture  
Clinic, SDH North to Jun 22nd

### Open Exhibition

Work from local and regional  
artists who submitted work for  
selection in this year's annual  
Open Exhibition.

## Fabulous Family Fun Day

The FFFD is back for the 9th time and it's bigger, more fun and hopes to raise more money for Salisbury Hospice Charity than ever. Our FREE to enter event will have all our favourites as usual, our beer festival, Pimms and Prosecco bars, food stalls, live music festival, football tournament, Circus Wessex, a touch rugby tournament, pétanque, DJ Kev, Andrew White, A performance by the amazing Pheonix Stars, Jumperoo, tombola, raffle, face painting, and many other stalls. Parking is available at Hudson's Field. All money raised is in loving memory of our amazing friend Lyn Futchter who was cared for by Salisbury Hospice.

**Saturday 13th May, 12.00-10.00pm, Salisbury Rugby Club**



**Fabulous**  
**Family Fun Day 9**  
**SALISBURY RUGBY CLUB**

**FREE**  
**ENTRY!**



## Culture Club - *Block 15, opposite the Green*

Join us at our Culture Club for art & history clubs, free of charge, each month. Open to all. Relaxed atmosphere. No previous arty experience necessary. Tea and biscuits too!

Pre-book these sessions on Eventbrite



### Public and Community

**2nd Friday of the month** - *upcoming dates 12th May, 9th June*

Drop-in **art club**, anytime 10am-12noon. Different creative materials to try each month.

**4th Friday of the month** - *upcoming dates 26th May, 23rd June*

Drop in **history club** with chat, anytime 10am-12noon. Explore themed items from our archives.

### Staff

**1st Thursday of the month** - *upcoming dates 4th May, 1st June*

Drop-in **history chat** and exploring themed items from our archives, anytime 12noon-2pm.

**3rd Thurs of month** - *upcoming dates: 18th May, 15th June*

Drop-in **art club** with different creative materials each month, anytime 12noon-2pm.

Please note there is a small step into the Culture Club, if you have any access needs please let us know. Culture Club is opposite The Green bus stop (first hospital stop for the R1 from the city centre). Blue badge parking around The Green or public car parks nearby.

*For more details look out in the daily bulletin or email [sft.artcare@nhs.net](mailto:sft.artcare@nhs.net)*



## Creativity and Wellbeing Week - 15th to 21st May 2023

Especially for Creativity and Wellbeing week in May you can book on a guided tour of the Open Exhibition led by ArtCare. This will be a relaxed and enjoyable session looking at the different styles from painting, drawing, textiles, printmaking, photography on display. Tours available on 18th May - scan the QR code to visit our Eventbrite page for more details and to book.



[www.eventbrite.co.uk/o/artcare-28126838233](http://www.eventbrite.co.uk/o/artcare-28126838233)

Little Angel Theatre will be bringing their show 'If Not Here ... Where?' to patients on Sarum Ward all day on 16th May and there will be a staff creative lunch on 18th May, 12.00-2.00pm in the Culture Club.



## Coronation celebrations

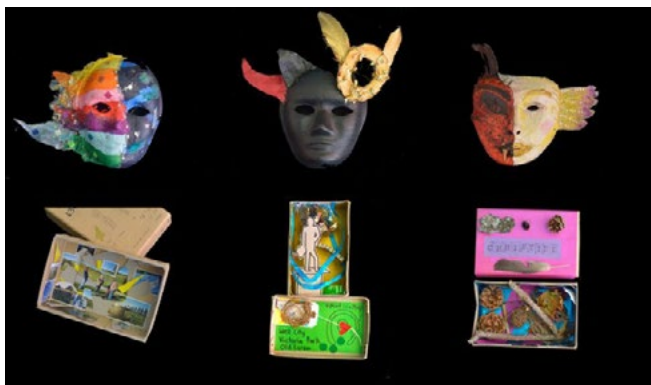
Just some of the activities in Salisbury celebrating the King's coronation



- **Community Bunting making**, to 5th May, 10.00-3.00pm, Salisbury Cathedral, join in decorating bunting with messages for the new King, for display in The Cloisters
- **Live Screening**, 6th May, 9.00am, watch the build-up, processions and service, broadcast live on the big screen inside the Cathedral free
- **Lower Bemerton's Coronation Picnic**, 7th May, 12.00-3.00pm, Lower Bemerton Recreation Ground, bring a picnic and chairs, or buy something from the BBQ/bar, music from the British Legion Band, free
- **The Big Lunch**, 7th May 11.00-4.00pm, Queen Elizabeth Gardens, bring a picnic, dress up, live music, magic shows, food stalls and more...
- **The Big Gig**, 7th May 3.00-10.00pm, Market Place, dance the night away with live music
- **The Big Help Out**, 8th May, 12.00-4.00pm, Market Place, donate an item of food to the network of food organisations that form the Salisbury Foodie Network

## Well-City Salisbury exhibition

Well-City Salisbury, a partnership between ArtCare, The Salisbury Museum, Wessex Archaeology and Wiltshire Creative, showcases the brilliant work of participants during the first year of the project. The exhibition runs 3rd-23rd May, 9.00-5.00pm at Salisbury Library and entry is free.



## Nature Walks SDH

Free monthly lunchtime informal nature walks around Salisbury District Hospital guided by staff member James Macpherson have restarted.

**Upcoming dates: Tuesdays 2nd May, 6th June, 4th July, 1.00-2.00pm, meet Culture Club, SDH**

Scan QR code, right, to book a free place via ArtCare's Eventbrite page



## Beading Demonstration

A free demonstration and informal talk and taster workshop with Bisi - sharing her decades of experience in beading for a London Fashion house. Scan the QR code above to book your 20min slot. **Saturday 27th May @ Culture Club, SDH.**



## Crochet Granny Squares

Workshops at **Maul's Wine & Cheese bar**, 2nd Weds of the month, 6.00-8.30pm, **Skies Cafe Old Sarum**, 16th May, 10.00-1.00pm & **Sonder coffee**, 26th May, 9.30-12.30pm. £25 - includes all the materials needed, refreshments can be bought from the venue. To book email [samanthaford1093@gmail.com](mailto:samanthaford1093@gmail.com) or DM @samamy93 on Instagram



Tell us about favourite places and activities that you would recommend to others: **email us at [sft.artcare@nhs.net](mailto:sft.artcare@nhs.net)**

**Not to be missed...dates for your diary**

**1st May. May Day Car Boot Sale, From 7.30am, Salisbury Rugby Club, SP1 3SA**

May Day Car Boot Sale at Salisbury Rugby Club in aid of Salisbury Hospice Charity. Refreshments and toilets available.

**1st May. Spring Fayre 2023, 10.00-5.00pm, The King's House, 65 The Close, Salisbury**

Celebrate spring's arrival in a quintessentially English way' in the grounds of The Salisbury Museum. Celebrations on the village green, family, games, music and ancient traditions. Enjoy food and drink and try crafts, games and dancing.

**7th May. Salisbury Arts Scene, 10.00-4.00pm, Salisbury Market Place**

Talented artists from Salisbury and the surrounding area set up their galleries for the day to showcase their fabulous work. Live music too. Food & drink stalls. Free.

**13th May. Walk: the South Side of Stonehenge, 10.00-4.00pm**

Eight-mile walk on the southern side of the Stonehenge World Heritage Site, starting in Amesbury and taking in the Great Durnford, Lake, Normanton Down, and Coneybury. Please bring suitable clothing and footwear. Bring your own lunch. £15-20. Book via Salisbury Museum website.

**20th May. People in the Park, 10.00am, Queen Elizabeth Gardens, Salisbury**

Community group stallholders, performers, local environmentally-friendly businesses, live music across two stages and guest speakers. Youth stage and main stage powered by electric vehicle battery, so no fossil fuels will be used! Also, locally crafted goods and businesses offering information about sustainable solutions for your home! Free.

**24th May-4th Jun. The Tempest, 7.00pm, Churchill Gardens, Salisbury**

Wiltshire Creative present a stunning re-imagining of Shakespeare's fabulous tale part of Salisbury International Arts Festival 2023. Outdoor walkabout production. Tickets from £20 booking via [www.wiltshirecreative.co.uk/events/the-tempest](http://www.wiltshirecreative.co.uk/events/the-tempest)

**28th May. Live@TheFarm One-Day Music Festival, 3.00-10.00pm, River Bourne Community Farm, Laverstock**

One-day music festival fundraiser for the farm with tribute acts and local bands. Plenty of food stands plus children's entertainment. More details and ticket booking link [www.riverbournecommunityfarm.org.uk/what-s-on](http://www.riverbournecommunityfarm.org.uk/what-s-on)

**28th May. Race for Men Family Fun day, 10.00-6.00pm, Hudson's Field, Salisbury**

Live music - The Deloreons, Signature Vision, Disco Dion and Duncan Heather - inflatable castles, inflatable assault course and face painting, all free. Donation buckets in aid of Salisbury Stars Appeal Prostate Cancer. Entry fee applies for Race for Men event and 5-a-side football tournament.



**Country Comes to Town**

Wiltshire Wildlife Trust are hosting a FREE, family-focused day giving people the opportunity to learn more about their projects and future plans. Activities will include birds of prey display, the opportunity to meet some of our sheep that help improve our reserves for nature through grazing, craft activities such as making flower crowns, spot the species, animal face painting and more!

Takes place Saturday 20th May, 10.00-4.00pm, Trowbridge Town Park.