

connect, celebrate, collaborate

Culture club news - a round up of the activities, events and groups to connect into both onsite at Salisbury District Hospital (SDH) and in the local community.

Culture club news

Life is more than work...
boost your downtime
with new things
to try



Stars Appeal Live
musicians playing
at SDH this month:
July

- 4th Emily - cello
- 6th Lilli - singing
- 11th Rosie - clarinet
- 13th Sarah - piano
- 18th Emmy - harp
- 20th Dan - violin & guitar
- 25th Sarah - piano
- 29th Pearl - ukulele

Enjoy more music on ArtCare's
YouTube channel @ArtCare UK



Are you a confident pianist?

Email [ArtCare](mailto:sft.artcare@nhs.net) to join the playlist for the Spring's Performance Piano and bring comfort and harmony to the restaurant atmosphere.



Contact ArtCare
sft.artcare@nhs.net

- ...join the mailing list
- ...join the arts club
- ...suggest new items for this newsletter



Exhibitions at SDH

Levels 3 & 4 main corridors to 31 July

Laura Bell Group 2023

Local artist Laura Bell brings us the latest exhibition of works created by students in workshops throughout the year.

Salisbury District Hospital Open Day | Saturday 22 July

Saturday 22 July 2023 | 10:00 - 14:00 | Free entry and parking |

An opportunity to meet staff, see new technologies, learn about how the hospital works and discover a little about army medicine, and meet emergency services including Fire, Police and Search & Rescue. **Everyone is welcome.** Staff, patients, family and friends are all invited. There is no need to book. To keep updated please email sft.comms@nhs.net. And of course there will be ice cream!



FESTIVAL OF DANCE

Messums Wiltshire is hosting a 10-day festival in South West of England dedicated to dance art, featuring live performances, workshops, film screenings, dance parties, suppers with artists and more and family areas. 9-11 June.



Culture Club - *Block 15, opposite the Green*

Join us at our Culture Club for art & history clubs, free of charge, each month. Open to all. Relaxed atmosphere. No previous arty experience necessary. Tea and biscuits too!

Pre-book these sessions on Eventbrite



Drop Ins.....

Creative Coffee Club - 7 July, 11 August

Drop-in art club, anytime 1000-1200. Different creative materials to try each month.

Creative Lunch - 20 July, 17 August

Drop-in art club, anytime 1200-1400. Different creative materials to try each month.

History Coffee Club - 28 July, 25 August

Drop in history club with chat, anytime 1000-1200. Explore themed items from our archives.

History Lunch - 6 July, 3 August

Drop in anytime 1200 - 1400 for coffee and relaxed discussion whilst exploring our archives and history collections. Open to all and free of charge. No previous experience necessary.

Please note there is a small step into the Culture Club, if you have any access needs please let us know. Culture Club is opposite The Green bus stop (first hospital stop for the R1 from the city centre). Blue badge parking around The Green or public car parks nearby.

For more details look out in the daily bulletin or email sft.artcare@nhs.net



Wildlife Photographer of the Year at Dorset Museum

The Natural History Museum's acclaimed Wildlife Photographer of the Year competition and exhibition ignites curiosity about the natural world by showcasing Earth's extraordinary diversity and highlighting the fragility of wildlife on our planet. Using the unique emotive power of photography, the competition inspires people to think differently about their relationship with nature and become advocates for the planet.



Wildlife Photographer of the Year was founded in 1965 by BBC Wildlife Magazine, then called Animals. The Natural History Museum joined forces in 1984 to create the competition as it is known today.

Open to photographers of all ages and abilities, the competition opens for entries every October.



FAYRE ON THE SQUARE

• 22 JULY - 3 SEPTEMBER •



Soak up some summer vibes at Fayre on The Square during the holidays! Open from Saturday 22 July until Sunday 3 September, 1000 - 2300, in Salisbury Guildhall Square, it's the perfect summer hangout with family, friends and colleagues.

This year you can enjoy a game of crazy golf, use the games tables or enjoy a cool beverage at the Salisbury City Garden Bar which will be open every day throughout the week.

There will also be local vendors offering a delicious array of street food, or simply relax with an ice cream in the colourful Guildhall Square deck chairs.

thesecretcampout.com

The Secret Camp Out is a relaxed, intimate family weekend. Located at Stockton Park, Stockton in an area of outstanding natural beauty in Wiltshire. Open for long weekend breaks in August 2023

Inflatable 5k Southampton

In 2023, the world's largest and best obstacle run has got even Bigger, Bouncier and Better. Our Unique Inflatable Obstacle Course Race (OCR) has less Running and even more obstacles in 2023.

Four different distances - 2.5K, 5K, 10K, 15K - to choose from, anyone can take part! An awesome day out with your friends or family. 8 & 9 Jul, please scan QR code.



The National Garden Scheme gives visitors unique access to over 3,500 exceptional private gardens in England, Wales, Northern Ireland and the Channel Islands, and raises impressive amounts of money for nursing and health charities through admissions, teas and cake. ngs.org.uk

Midsummer Grass Identification

A one-day course, 3 July, with Dominic Price, on how to identify grasses in midsummer, when most are in flower; but the ID skills taught will still focus on vegetative characteristics that can be used throughout the year.

The course will cover roughly 25 species of grass, including most of the commonly encountered species, as well as those associated with species-rich grassland.



SDH Nature Walk

Free monthly lunchtime informal nature walks around Salisbury District Hospital guided by staff member James Macpherson have restarted.

Upcoming dates: 4 July, 1 August, 1300-1400, meet Culture Club, SDH

Scan QR code, right, to book a free place via ArtCare's Eventbrite page



Culture club Spotlight

Explore activity on site: www.artcaresalisbury.uk
Explore the city: www.experiencesalisbury.co.uk
Explore Wiltshire: www.visitwiltshire.co.uk/whats-on



Tell us about favourite places and activities that you would recommend to others: **email us at sft.artcare@nhs.net**

Not to be missed...dates for your diary

To 9 July | Dorset Museum | PJ Harvey – Orlam

Alternative rock musician PJ Harvey spent an afternoon at Dorset Museum in April 2022 pursuing her interest in 19th-century Dorset dialect poet William Barnes, and donating a signed copy of Orlam ahead of the work's publication. She also gifted the Museum proofs of the book's text and cover marked with her hand-written edits, and an exclusive signed photograph of her wearing a brooch of traditional Dorset buttons, dorsetmuseum.org

1 July | Figgle Fest | Free

A free family community fun day and music festival in Figgheldean, a number of different bands will grace the multiple stages that Figgle Fest host and entertain crowds during the afternoon and evening, figglefest.co.uk

Salisbury Vegan Market | 2 July | 1000-1500

Taking place in the Guildhall Square and Queen Street, expect innovative, delicious vegan street food, sweet treats and bakes, vegan cheese, ethical clothing brands, zero waste living stalls, cruelty-free skincare and much more! There really will be something for everyone so make sure to bring the whole family down and celebrate all things plant-based.

8 July | 1200-2200 | Wilton Carnival 2023 Retro Revival | Free

Wilton Carnival 2023 is back with Retro revival as the theme and a wealth of local talent and traders on offer- Entry is Free! All proceeds go to Seeds4success and Wilton & District Thursday Club. We have a fantastic day out for the whole family including Live music from local bands, plus performances from Wilton Voices, Salisbury Dance and Catch Creative. For the younger ones there's Professor Count Backwards magic show, Punch & Judy and the fabulous Disco Dion, a funfair, facepainting and over 40 stalls of games, gifts and confectionery. All encouraged to bring a picnic or gazebo and come and join us for the whole afternoon into the evening.

8 July | 1100 | Salisbury Playhouse Backstage Tour

Step behind the scenes and find out how we make our celebrated productions. Tread the boards of the Main Stage, walk the dressing room corridors, have a peek at our costume department and see where the amazing scenery is constructed.



20 July | 1830 - 2030 | Peter Pan @ Larmer Tree Gardens

Let your imagination soar as they dish out this timeless tale of hapless pirates, feral children and a particularly punctual reptile. This show isn't just for kids; their brilliant buffoonery will have picnickers of all ages cackling into their coleslaw. This is one flight of fancy you don't want to miss! This is an outdoor production, so please bring your own chair or blanket to sit on, a picnic to dig into, and dress for the weather!



29 July | 1000-1200 | Visible Mending Workshop | Fisherton Mill

Inspired by East Asian textile practices such as Japanese Sashiko and decorative Kantha, mend your clothing by hand and discover a new lifelong skill. This invaluable workshop provides the knowledge, to mend your damaged clothes in a creative and personalised style. This evolving movement now identifies as a gentle form of protesting, against fast fashion and throwaway culture, theabatty.com

Abbotsbury Subtropical Gardens

A Midsummers Nights Dream - 30 July

This Summer, Shakespeare's classic tale of love, magic and celebration, is translated into modern language. Featuring hilarious slapstick comedy, this is a show the whole family will love.

Open from 2.30pm for the open-air performance to start at 3pm. Please bring low backed seating, rugs, picnics and warm waterproof clothing.

Children under the age of 5 years old are FREE.