

onsite and local activities and events

connect, celebrate, collaborate

Culture club news - a round up of the activities, events and groups to connect into both onsite at Salisbury District Hospital (SDH) and in the local community.



Culture club news

Life is more than work...
boost your downtime
with new things
to try



Stars Appeal Live
musicians playing
at SDH this month:
September

5th	Emmy	- harp
7th	Emily	- violin & guitar
12th	Rosie	- clarinet
14th	Dan	- violin & guitar
19th	Sarah	- piano
21st	Lilli	- singing
26th	Emily	- violin & guitar
28th	Pearl	- ukelele

Enjoy more music on ArtCare's
YouTube channel @ArtCare UK



Are you a confident pianist?

Email [ArtCare](mailto:sft.artcare@nhs.net) to join the playlist for the Spring's Performance Piano and bring comfort and harmony to the restaurant atmosphere.



Contact ArtCare

sft.artcare@nhs.net

...join the mailing list

...join the arts club

...suggest new items for this newsletter



Exhibitions at SDH

Levels 3 & 4 main corridors to 10 October

'Well-City' Salisbury

End of year exhibition, celebrating the achievements and journeys of all who took part in year two.



Staff Awards 2023 is a special year for us, as we not only get to celebrate our staff, but also the NHS 75th birthday and the 80th anniversary of our hospital.

It is an annual event enthusiastically embraced by our staff and local community. It offers the opportunity to applaud our hard-working and committed people and the efforts they make in providing compassionate care for our patients. If you don't have a ticket for Thursday evening, don't forget about the free Live Music Night on Friday, 8 September and the Family & Friends Fun/Sports Day taking place on Saturday, 9 September in the Salisbury Cathedral Close. It will be the start of our annual staff 'Thank You' week that also includes: Friday 8 September | Long Service Awards and Volunteers 'Thank You' Lunch.

Culture Club - *Block 15, opposite the Green*

Join us at our Culture Club for art & history clubs, free of charge, each month. Open to all. Relaxed atmosphere. No previous arty experience necessary. Tea and biscuits too!

Pre-book these sessions on Eventbrite



Drop Ins.....

Creative Coffee Club - 8 September, 13 October, 10 November

Drop-in art club, anytime 1000-1200. Different creative materials to try each month.

Creative Lunch - 19 October, 16 November

Drop-in art club, anytime 1200-1400. Different creative materials to try each month.

History Coffee Club - 27 October, 24 November

Drop in history club with chat, anytime 1000-1200. Explore themed items from our archives.

History Lunch - 7 September, 2 November

Drop in anytime 1200 - 1400 for coffee and relaxed discussion whilst exploring our archives and history collections. Open to all and free of charge. No previous experience necessary.

Please note there is a small step into the Culture Club, if you have any access needs please let us know. Culture Club is opposite The Green bus stop (first hospital stop for the R1 from the city centre). Blue badge parking around The Green or public car parks nearby.

For more details look out in the daily bulletin or email sft.artcare@nhs.net



Quentin Blake: Illustrating Verse

Lighthouse, Poole BH15 1UG

29 Sept - 6 Jan 2024, Tue – Sat 1000-2000

The first ever exhibition dedicated to Quentin Blake's illustrations for poetry. Sketchbooks and rough drawings give a rare insight into Blake's writing and design process, as well as the creation of characters for Roald Dahl's novel *Charlie and the Chocolate Factory* and his own *Mr Magnolia*. This exhibition features original illustrations courtesy of Quentin Blake. Please scan code for information.





JOHN KEARNS: THE VARNISHING DAYS
Thursday 14 September, 1930, Tickets: £15

Heart-stopping, glasses-dropping, hard-rocking, wig-shaking, levothyroxine-taking, knee-knocking, boot-licking, justifying, teeth-rattling, digressing new show from stand-up comedian John Kearns.

When I visit your town dogs will start barking, as will clergy. Your microwave will go haywire. The lights in your vestibule will flicker and the Bank of England will nervously look at interest rates. On the day I write this, the pound has hit an all-time low against the dollar. Mark my words. This show will break that record again and again and again.



Salisbury Monday 6 a side football league

Free entry, 40 minute matches on 3G pitch, extending to 2 divisions - promotion and relegation. Tables and results updated online. Trophies and medals for winners and Golden Boot award. Visit Sarum Academy, Salisbury. Contact Rich on 07969 731086.



Circus Extreme World Tour

Swindon, Westcott Recreation Ground, SN1 4PH

A one-of-a-kind performance, that has been five years in the making and features some of the most talented performers in the world!



Nature Walks SDH

Free monthly lunchtime informal nature walks around Salisbury District Hospital guided by staff member James Macpherson. Upcoming dates: 5 September, 3 October, 1300-1400, meet Culture Club, SDH.

Scan QR code, above, to book a free place via ArtCare's Eventbrite page



Founded in 1933, the Farleigh & District Swimming Club is believed to be the oldest river swimming club in the country. Mentioned in Roger Deakins - Waterlog - This is the original "wild swimming club". The club is located in Farleigh Hungerford, Wingfield, BA2 7RS. Become a member, please scan the QR code. From £12 per adult per year.





Explore activity on site: www.artcaresalisbury.uk
Explore the city: www.experiencesalisbury.co.uk
Explore Wiltshire: www.visitwiltshire.co.uk/whats-on



Tell us about favourite places and activities that you would recommend to others: [email us at sft.artcare@nhs.net](mailto:sft.artcare@nhs.net)

Not to be missed...dates for your diary

9 September | Wiltshire Wildlife Trust | Wildlife Watch Group | Salisbury

Various locations in Salisbury including River Bourne Community Farm, Old Sarum hill fort, our Coombe Bissett and Devenish nature reserves. Nature-based craft and outdoor activities for primary school-age children and their parents/carers. Cost: Adults Free, Child (members) £1.50 or (non-members) £2.50. Booking: Required. To book, contact: Penny Fleet 01980 611815 | salisburywatchgroup@gmail.com

18 September | Grandma & the Lion | Amesbury Library, Smithfield Street, SP4 7AL

Come along to Amesbury Library for a morning of heartfelt stories and stunning puppetry - a show for older people. Join Tall Tree Theatre for a show full of live music, heartfelt storytelling, and stunning puppetry. The performance will include an opportunity to discuss how the puppets are made and animated. Tea and coffee will be served before the show at 10.30am. This is a free event but places are limited. Please ask a member of the library staff about booking or call 01980 623491.

25 September | Franklins | Make Friends With Your Overlocker

Learn how to make friends with your overlocker, this machine can do much more than finishing seams! After learning different types of threading, basic tensions and differential feed, you will discover new sewing techniques including inside and outside corners, how to make a sleeve by attaching a cuff to the arm piece and inserting a neck band. This is the ultimate confidence builder for using your overlocker!! Working with various types of fabrics including cuffing, fleece, lace, satin and jersey and techniques such as flat-lock stitch, rolled hem, pin tucks and more. Bring your Overlocker – it is best to bring your own, we do have a few to borrow but they could be a different make and model. We supply all fabric and threads. This Class is limited to Juki, Britannia, Janome, Bernina and Brother Overlockers only. Please let us know what overlocker you are bringing to the class.



Every Monday, Wednesday & Saturday | Bootcamp

Hudson's Field, Castle Road, Salisbury, SP1 3SA. £10 for 10 sessions, scan QR Code on the right.



23 September | The Rifles Museum Ghost Hunt Salisbury Wiltshire | tickets are £49

The original building on the site was constructed in 1254. It was rebuilt in the 15th century and was used to store the robes of the Bishop of Salisbury; hence it was known as the "Bishop's Wardrobe" or "The Wardrobe" A storehouse for the cathedral next door The Rifles Museum is now one of the most haunted museums in Great Britain. Many Visitors have claimed to have seen the figure of a Cavalier and a 'grey lady' within many areas of the building and reports of strange lights and cold spots being felt in different rooms. Loud Bangs, footsteps have been heard in rooms that are empty, Children crying and then heard laughing happen many times on the bottom floor but the most spine chilling reports are of a poltergeist which people have witnessed throwing books off the bookshelves. Many Staff have also reported noises of someone or something running up and down the stairs at all times of the day and night. An overnight ghost hunt at The Rifles Museum can be a terrifying experience, for even the most hardened ghost hunter. Don't say we didn't warn you!



29 Sept, Salisbury Playhouse, Tickets from £26.50, Ages 16+

Hot off the heels of his critically-acclaimed Netflix special, David Letterman appearance, and role on Life & Beth with Amy Schumer, Phil Wang is bringing a brand new stand-up show to venues nationwide. He's chatting race, family, nipples, and everything else that's been going on.

