

onsite and local activities and events

connect, celebrate, collaborate

Culture club news

Life is more than work...
boost your downtime
with new things
to try



Stars Appeal Live
musicians playing
at SDH this month:

June

2nd	Sarah	- piano
7th	Emily	- cello
9th	Dan	- violin & guitar
13th	Paul	- saxophone
14th	Sarah	- piano
16th	Emily	- cello
21st	Alex	- guitar
23rd	Jane	- cello
28th	Rosie	- clarinet
30th	Emmy	- harp



Enjoy more music on ArtCare's
YouTube channel @ArtCare UK

Are you a confident pianist?

Email ArtCare to join the playlist for the Spring's Performance Piano and bring comfort and harmony to the restaurant atmosphere.



Contact ArtCare
sft.artcare@nhs.net

...join the mailing list

...join the arts club

...suggest new items for this newsletter



Culture club news - a round up of the activities, events and groups to connect into both onsite at Salisbury District Hospital (SDH) and in the local community.



Photo: Experience Salisbury

Market Place and more

Salisbury has had a Charter Market since 1227 and during the spring, summer and autumn there are extra events such as art markets, farmers markets, a food and drink festival as well as a funfair in October. The best way to find out the latest details of what's on is to use the dedicated website and join their mailing list. Charter Market days: Tuesday/ Saturday

www.experiencesalisbury.co.uk/what-s-on/



Exhibitions at SDH

Levels 3 & 4 SDH North

May 26th to June 24th: Laura Bell Group

Wilton House is only 3 miles from Salisbury, easy to reach by car, bus or bicycle and is the home of the Earl of Pembroke - a family with several ties to the hospital over the centuries.

The grounds are a family-friendly location with an adventure playground and cafe, wheelchair accessible paths and toilets. The house and estate have been featured in TV series' and films such as Bridgerton, The Crown and Emma. Entry for children under 5 is free and there are day tickets and annual membership options.

Alternatively, sign up for the Stars Appeal Walk for Wards and enjoy exclusive access to acres of the parkland while raising money for your favourite Salisbury District Hospital team or department.

Info: www.wiltonhouse.co.uk

Buses: R3 and R8 from city centre



Walk for Wards July 3rd, sign up at

www.starsappeal.org/event/walk-for-wards/





Explore activity on site: www.artcaresalisbury.uk
Explore the city: www.experiencesalisbury.co.uk
Explore Wiltshire: www.visitwiltshire.co.uk/whats-on



Tell us about favourite places and activities that you would recommend to others: **email us at sft.artcare@nhs.net**

Photo: Experience Salisbury

Not to be missed...dates for your diary

May 27th to June 19th

Salisbury International Arts Festival

Discover the huge range of things on offer for all ages including a family friendly Treasure Hunt on June 12th (including ArtCare) All details and booking information are on the festival pages of Wiltshire Creative



www.wiltshirecreative.co.uk/whats-on/festival/

June 9th, 1pm -1.45pm – Guided nature walk of SDH

Enjoy a gentle stroll around the fields and site of Salisbury District Hospital. We will be exploring the natural environment, guided by wildlife enthusiast staff member, James Macpherson.

An **after work nature walk from 5.30 - 6.30 pm** will explore the Lime Kiln Reserve next to the hospital site. Both walks start from main reception and **booking is essential** www.eventbrite.co.uk/e/sdh-nature-walk-may-tickets-272074079897

June 25th Amesbury Super Fete, 12pm to 9pm, Holders Field, Amesbury

This years event will see a selection of rides, a car boot sale, dog show, refreshments & food stalls, live entertainment, beer tent & more. Bring a picnic and some chairs - to settle in for the day is welcomed. Find more information on the website www.amesburycarnival.org/

July 2nd Salisbury Pride - 12pm to 10pm, Queen Elizabeth Gardens

Get your rainbow on and enjoy the dazzling delights of Salisbury Pride set against the backdrop of the cathedral and parkland in the centre of Salisbury.

You can also meet the Salisbury Pride Team at the pop stall in the market square on June 12th. More info and tickets here: www.experiencesalisbury.co.uk/what-s-on/2022/July/salisbury-pride-2022/

July 3rd - Walk for Wards at Wilton House details of how to sign up are on the front page

On your bike

Salisbury NHS Trust staff can explore the option of paying for a new bike through payroll. SFT is part of the VIVUP Cycle to Work scheme and there are choices of mountain, road and hybrid bikes to choose from. Local shops that are part of the scheme are Hayballs (Winchester St.) Stonehenge Cycles (Fisherton St.) and A1 Motabiz (Brown St.) as well as national chains like Halfords. Join the scheme here: www.vivupbenefits.co.uk/access-my-benefits/

Local places for second hand bikes include Hayballs (as above) Alabare charity warehouse at Wilton, the Sue Ryder Charity shop in the Maltings and The Salvation Army in Salt Lane on Saturdays.



Routes for Salisbury to Amesbury and Stonehenge can be downloaded from Visit Wiltshire (scan this code)